



## STAR Parent Information

Date: **September 1<sup>st</sup>, 2018**

Dear Parent/Guardian,

Your skater is now ready for the Bronze STAR program! Skaters will transition with ease from CanSkate stage 6 to the STAR levels. Skills introduced in the CanSkate stages are advanced and refined in the STAR Program. Advanced figure skating elements such as single jumps, spins, ice dance and skills will be covered in this program.

The Bronze session runs throughout September to May on:

Day	Time	Location
Tuesday	5:40-7:10 pm	Rotary Arena
Wednesday	4:00-5:30 pm	Brian Orser arena
Thursday	4:00-5:30 pm	Rotary Arena

*\*Spring times may vary in April & May*

Skaters have the option of skating a two or three day Membership. As a club, we make sure our skaters train in all areas, so each Bronze session is broken into three disciplines – skills, freeskate and dance. Skaters will have a lot more independent time on the ice to practise, however group lessons are provided by the club that will help with the transition.

Once skaters have moved up to StarSkate, they are required to have a private coach. This coach is the primary coach of your skater and will be your “go-to” for communication working with your family to determine the best path for each skater. From this point, decisions regarding number of lessons, competitions, test days, extra lessons, solos and programs, etc, are discussed with the private coach. It is up to you and your skater to decide which club coach you would like to work with. Our club coaches are Laura Csumrik/ Erin Csumrik-Shaw, Marisa Norris, Susan Scott and Tracey Zwiers. We also have the advantage of having two specialty coaches that work within our club. Markus Leminen focuses on freeskate (jumps) and James Callan focuses on dance. Lessons with these specialty coaches can be arranged through your private coach or directly with the specialty coach.

All skaters in our StarSkate sessions are required to sign a code of conduct. This can be found on the club website as well. On the ice, we ask that our skaters dress appropriately; this means no jeans, no baggy or loose clothing. Hair should be off the face and clothing should otherwise be appropriate to wear around all ages. We all try to be respectful of all skaters, everyone’s different levels and abilities. Our coaches work hard to instill this etiquette within each skater right from the start.

**STAR Parent Information Session**  
**Orillia Figure Skating Club**

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Once on the Bronze session, skaters are usually given a solo by their coach. Each solo is loaded to our club Ipod and played during the freeskate times. Similarly, during dance time, the dance music is rotated. In order for our sessions to run smoothly, we rely on our parent volunteers to take their turn playing music each month. This is a required job that needs to be fulfilled. However, a schedule is made up in advance and parents are urged to give the dates that they are available in advance as to accommodate everyone and to make the process as easy as possible. Please don't be scared away from the music room, our more experienced bronze parents will train you on how to use the music equipment.

Throughout the season, skaters have the opportunity to demonstrate what they have learned. As your skater masters the skills at each level, they will be assessed by their coach on a regular session. For more information on assessments please visit our website. Skaters will also have the opportunity to compete in local competitions if they choose.

Should you have any other questions, please do not hesitate to contact us via our website at: [www.orilliafigureskatingclub.com](http://www.orilliafigureskatingclub.com).

Kind regards,  
Orillia Figure Skating Board Members