

*Please note that all policies & protocols have been developed in conjunction with Skate Ontario, the City of Orillia and the Simcoe Muskoka District Health Unit; these must be followed by all OFSC members upon returning to the ice. Please refer to the [Skate Ontario Return to Play Protocols](#) as well as the OFSC Policies and ensure compliance with all aspects to ensure the safety of all involved.*

### **Check List**

1. Yes, I have read over all Return to Skate Protocols & Policies including the OFSC session information sheet.
2. Yes, I have completed & signed the [Skate Ontario Waiver](#) and returned it to OFSC prior to the first skating session.
3. Yes, I understand that a verbal Health Screening Questionnaire will be conducted for each skater before each session. A sample is linked here ([self-assessment](#)).
4. Yes, I have my "board bucket" and contents ready for the arena.

### **ARENA**

- The maximum number of people allowed on the ice surface at any given time is **20**, (maximum 15 skaters and 1-5 coaches)
- There will be no access to dressing rooms. All skaters must come to the arena fully dressed. Please bring only necessary items into the rink within your 'board bucket'.
- Participants will be granted entry to the rink a maximum of 15 minutes before their scheduled ice time and must exit the facility immediately after leaving the ice. Doors will be locked after the 15 minutes so skaters must be on time.
- All participants entering the facility must sanitize hands and wear a face mask. Skaters will be permitted to remove their face mask when they enter the ice surface but must put the mask back once their session is completed.
- At this time, no spectators - including parents/guardians - are permitted at the facility; skaters can be walked to the door but must enter the arena alone.
- The washrooms are for emergency use only. It is not a change room. It will be limited to one person at a time and will be disinfected regularly. Users must sanitize their hands outside the washroom before entering and wash their hands thoroughly after using the washroom.
- Any personal belongings left behind at Rotary Place or Brian Orser arena will be disposed of, sorry!

### **MULTIPLE LOCATIONS**

- As per Skate Ontario, coaching and skating at multiple locations are strongly discouraged. Clubs and skating schools may ask skaters and coaches to inform them if they are attending training sessions in multiple locations. Individuals should consider the following precautions: use of a new face mask and gloves at each location and managing schedules to avoid entering different facilities on the same day.

### **COACHING**

- Instructors must have a parent/guardian phone number available for each skater on the ice.
- All participants must be screened before entering the facility. If this screening has not been completed, you will not be granted access to the facility. Please refer to this [self-assessment](#) as a sample of what the screening will be.
- Social distancing must be maintained at all times on the ice surface. Skaters and coaches must remain 2 metres (6 feet) away at all times. Coaching will be verbal and use visual cues but will not include physical touch.
- A non-medical face mask must be worn when in open areas of the facility and when working with skaters.
- Personal first aid kits and on ice equipment are to be removed daily.

### **MUSIC**

- Music will be played from the boards by the volunteer on duty for that session; the volunteer will wear a mask and will clean the iPad at the end of the session.
- All items required for the music task will be contained in the music bucket provided by OFSC.

### **HARNESS**

- Use of harness is permitted as long as both the coach and the skater are wearing masks at all times when the harness is in use and they have sanitized their hands before and after use.
- The harness equipment must be sanitized/disinfected before and after each use with a spray or wipe.

### **PARTICIPANTS**

- All participants must be registered Skate Canada members.

- Upon registration, all payments must be made in advance using Uplifter; no cash or cheques will be accepted. All fees are non-refundable but they are payable in installments (*please see OFSC payment policy for details*).
- All participants must download and complete the [Skate Ontario Waiver](#) at the time of online registration; skaters will not be allowed on the ice without receipt of this signed form.
- All participants entering the facility must wear a face mask. Skaters will be permitted to remove their face mask when they enter the ice surface but must put the mask back on once their session is completed.
- Skaters should follow facility guidelines with respect to putting their skates on and off. At this time, we are asking skaters to please put on their skates BEFORE they enter the arena.
- There will be no access to dressing rooms. All skaters must come to the arena fully dressed. Please bring only necessary items into the rink; all items must fit within your “board bucket”.
- Skaters must use individual water bottles, tissue boxes etc. during training sessions. No sharing of these items is permitted. Skaters must have their own closed containers (i.e. Ziploc bag) for disposing of used personal items such as tissues. These must be disposed of at home or in a lidded garbage container in the facility.

#### **IF AN INDIVIDUAL BECOMES UNWELL WITH SYMPTOMS OF COVID-19**

- That individual must immediately stop participation in club or skating school activities.
  - The individual should be isolated from all others in a well-ventilated area (or outside) and will ensure their mask is on.
  - The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
  - The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning or disinfecting.
  - The OFSC COVID-19 Oversight Group should be informed of the situation by emailing [C19OFSC@gmail.com](mailto:C19OFSC@gmail.com) and a committee member will then contact the individual (or their parent/guardian) to determine if next steps are being taken regarding testing.
- \*\* If no test was performed, or the test was negative, the individual may only return to skating once they no longer have any symptoms of Covid-19 for at least 24 hours.

#### **IF AN INDIVIDUAL IS TESTED FOR COVID-19**

- Any individual that is part of a club or skating school that has been tested for COVID-19 must not participate in club or skating school activities while waiting for the results of the test.
- The OFSC will work with public health (SMDHU) to consult the Session Participation tracking sheets to inform other OFSC members who might have been in close contact with the individual. Close contact is defined as being within 2m for a period lasting more than 15 minutes, without appropriate or consistent use of PPE.
- Any OFSC members who were in close contact with the individual should not participate in OFSC activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

#### **IF AN INDIVIDUAL TESTS POSITIVE FOR COVID-19**

- If an individual tests positive for COVID-19, they should inform a member of the OFSC COVID-19 Oversight Group by sending an email to [C19OFSC@gmail.com](mailto:C19OFSC@gmail.com)
- The COVID-19 Oversight Group will work with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other OFSC members who may have been in close contact with the individual.
- Any OFSC members who were in close contact with the individual should not participate in OFSC activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- It is recommended to also inform all OFSC members of a positive COVID-19 result within the OFSC setting.
- The OFSC should inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility’s guidelines.
- The OFSC will inform Skate Ontario of a positive COVID-19 diagnosis by e- mailing [clubsupportservices@skateontario.org](mailto:clubsupportservices@skateontario.org)

**We would like to inform you of the individuals who will be acting as the COVID-19 Oversight Group as we transition back to skating activities. The following OFSC Board members will comprise this committee:**

*Lori Irwin*

*Tracey Zwiers*

*Mary Collins*

*Erin Shaw*

*Jayme Zwiers*

*Kiera Gagnon*

\* Please consult the new **C-19 Info tab** on our club website ([www.orilliafigureskatingclub.com](http://www.orilliafigureskatingclub.com)) should you have questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID-19 and our skating sessions.

\*\* A dedicated email [C19OFSC@gmail.com](mailto:C19OFSC@gmail.com) has also been created for you to pose questions and to inform the club of any exposure to Covid-19 (potential and/or confirmed) or symptoms experienced by your skater(s). You may also call **705-329-4843** or call / text **705-238-6661** to share this information. We thank you for your cooperation and for adhering to this protocol.