

Orillia Figure Skating Club Spring Session PreCan & CanSkate Program

Monday, April 3, 2023 - Wednesday, May 17, 2023

All spring sessions are at Rotary Place,
 100 University Avenue, Orillia

Mondays STARTS MONDAY, April 3, 2023	Wednesdays STARTS Wednesday, April 5, 2023	Friday Starts Friday, April 14, 2023
5:45 - 6:15 PreCan	5:30 - 6:00 PreCan	4:00 - 4:55 Development Team
6:25 - 7:10 CanSkate	6:00 - 6:45 CanSkate	4:55 - 5:25 PreCan
Runs from April 3 - May 15, 2023	Runs from April 5 - May 17, 2023	5:35 - 6:20 CanSkate
No skating Monday, April 10		6:20 - 6:50 Little Stars
		Runs from April 14 - May 12 2023

Please register at www.orilliafigureskatingclub.com and click on the Registration tab. This will prompt you to log in to your Uplifter account. No withdrawals or refunds will be granted upon the start of the spring session.

****All payments must be made monthly with a deposit being paid the first day of skating.*****

REGISTRATION will open soon.
An OFSC email will be sent to you with details regarding registration. Please make sure you have subscribed to receive OFSC emails in your Uplifter account.

SPACE IS LIMITED

Questions regarding our Learn to Skate Programs can be directed to Tracey Zwiers at teamtracey@orilliapronet.com.

PRE-CANSKATE (Learn to Skate):

- Mondays - \$75.00
- Wednesdays - \$85.00
- Fridays - \$65.00
- Two days are available by registering for the days you prefer

Please add \$30 if your skater did not skate in the 2022/2023 winter season. This is for Skate Canada insurance.

CANSKATE:

- Mondays - \$105.00
- Wednesdays - \$120.00
- Fridays - \$90.00
- Two Days are available by registering for the days you prefer

Please add \$30 if your skater did not skate in the 2022/2023 winter season. This is for Skate Canada insurance.

Little Stars: (Invitation Only) \$70.00

Development Team (Invitation Only) - \$ 85.00
 - includes Sat. March 25th 9-9:50am

Coaching Information

Head Coach

Tracey Zwiers (705) 327-2206 teamtracey@orilliapronet.com

Club Coaches

James Callan jamesfcallan@ymail.com

Markus Leminen (705)728-1410 mleminen@hotmail.com

Skyanne Rowe skyanne.rowe@hotmail.ca

Susan Scott susanbrad@hotmail.com

Note: There will be no skating on Monday, April 10, 2023

About our Learn to Skate programs:

PreCan Skate - For children ages 3-5 as of Dec 31, 2022

This is a learn to skate program for new skaters featuring a low coach to skater ratio (1:10) as well as Program Assistants to help. CSA hockey helmets **MUST** be worn by all skaters. NO bike or ski helmets permitted.

CanSkate - For skaters who completed the PreCan program OR who are ages 6+

This program incorporates fun with the basics of skating focusing on agility, control and balance. In a small group format, skaters work through 6 stages of badges with PA support & instruction from our club coaches.

CSA hockey helmets **MUST** be worn by all skaters until they have completed their Stage 5 badge. NO bike or ski helmets permitted.

Little Stars:

This program is designed for skaters to have some extra ice time to enhance the skills and techniques they have learned during the CanSkate program. Skaters must be registered for a minimum one day CanSkate membership.

This program is by invite only.

For questions about this program, please contact coach Susan Scott: susanbrad@hotmail.com

Development Team:

This program is designed to focus and improve on skater's edges, turns, crosscuts, field moves, spins and jumps. Skaters must be registered for a minimum one day CanSkate membership.

This program is by invite only.

For questions about this program, please contact coach Tracey Zwiers : teamtracey@orilliapronet.com